

## YOU DON'T HAVE TO GO IT ALONE

It's important that we all do the right thing and stay home right now to slow the spread of the Covid-19 (Coronavirus) germs. But staying physically isolated doesn't mean your microenterprise or employment journey has to be on hold. We came up with a few ideas to get you started and you may have some of your own!

## SUPPORT WITHOUT PHYSICAL CONTACT

It's no secret that our best weapon in beating the isolation blues at the moment is the internet. We are available to work with you online, or via telephone to continue your microenterprise journey. From discovery to launch, we can keep you on the right track. We came up with a list of ideas for things you can do online, but we'd love to hear about the great things you're doing too!

- **DISCOVER:** we can continue to work with you and your support team to build your discovery record, brainstorm ideas and find your niche. Our in-depth discovery process is a powerful tool that will help you achieve real, long term success.
- **PLAN:** now is a great time to focus on your future. We can work with you to develop your business plan, apply for grants for equipment or complete any training you might need. Over the next few months we will be hosting training sessions and workshops to help you and your support team learn new skills
- **START:** Planning complete and ready for action? We can get to work with you to create your marketing campaign, facebook page, product photos and lots of other things! Got a list of jobs that still need doing? You and your support team can make a list, with all the steps you need to do to complete the job written in. Your support team can call in to help keep you motivated.
- **SUSTAIN:** If you are already on your way, but wondering how to keep things going? The project team is available to help you to boost your microenterprise
- **LAUNCH:** Do you have an established business and now want to support others on their journey? We are always on the lookout for new mentors to support others on their journey. If that's you, please get in touch!
- **JOIN THE CONVERSATION:** All over the world groups of people are getting together online to help each other get through this tough time. They can be a great place to get help and information and to help you feel as though you are not alone. The Microenterprise team is hosting Virtual Lunches on a daily basis, we would love to see you there!



# STAYING ON TRACK

Creative support ideas to keep you on your employment journey

## LOOKING FOR A NEW OPPORTUNITY?

Are you currently working in a supported employment program and want to explore other options? Our team has a limited number of vacancies for people looking to discover new opportunities.

We can:

- Help you understand your plan and how you can use your funding creatively
- Begin the discovery process, which will help you work out your employment goals, and how big dreams can be turned into something amazing
- Access online training and resources to help you on your way

## FLEXIBILITY OF SUPPORT

You may not want to have all of your support offered in large chunks of time on a daily basis. You can work with your support team to come up with flexible ways to be supported that suit your needs at this time. Some examples are:

- Asking your support worker to call you on a daily basis to check on your wellbeing and creating an action plan if you don't respond after an agreed amount of time
- Gathering all your support team together at once to do some training
- Using your core support to pay for a support coordinator to help you find new providers or work with your current team

## WE ARE HERE FOR YOU

Valued lives is working hard to make sure everyone we work with feels safe and supported during this challenging time. We are here for you, and although our team is now working in a very different way than you might be used to, we are committed to making sure you receive the supports and services you need. Some of the things we have implemented are:

- A dedicated helpline for information and support, available Monday to Friday, 8am to 5pm on **1800 844 933**
- Daily online Virtual Lunches to help you stay informed and connected to others in your community, see our Microenterprise website for more details [microenterprises.valuedlives.org.au](http://microenterprises.valuedlives.org.au)
- Our Support Coordination team are here to help you work with your providers, utilise your plan and problem solve any issues that may arise
- Our Direct Support team are working hard to help keep you and your support team safe at all times

